<table>
<thead>
<tr>
<th>Location</th>
<th>Food, Funds and Free Resources for Children and Families affected by COVID-19</th>
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</table>
| All States | Feeding America Food Bank  
[https://www.feedingamerica.org/](https://www.feedingamerica.org/)  
Enter your area zip code to find a food bank near you.  

100+ Restaurants where can Kids eat free!  
[https://wallethacks.com/kids-eat-free-restaurants/](https://wallethacks.com/kids-eat-free-restaurants/)  

COVID-19 Crisis Hotline  
211 is a statewide hotline number and 211.org is a link to contact for any resources like food and help with paying bills.  
See what is available in your area. Information from this network offers assistance  

50+ Places Where Families Can Get Free Meals for Kids During COVID 19 - By States  
[https://parade.com/1013234/stephanieosmanski/free-meals-for-kids/](https://parade.com/1013234/stephanieosmanski/free-meals-for-kids/)  

COVID Financial Support and Assistance  
Rent, Utilities and Phone bills  
[https://www.possiblefinance.com/](https://www.possiblefinance.com/)  

Free Internet Service available  
Everything you need to know about free internet access during this COVID19 outbreak.  

You may apply for supplemental Nutrition Assistance Program (SNAP)  

Family Hardship  
[https://unitedfamilynetwork.com/](https://unitedfamilynetwork.com/) |
Keep an eye on the news for updates when Restaurants in DMV areas giving all children food for free.

**Statewide Deaf Friendly link for Mental Health Support for students and families**
Note: Some services are provided in the comfort and safety of your home online or Videophone
https://www.verywellhealth.com/mental-health-services-deaf-1046719
https://www.deafcounseling.com/
https://www.nationaldeaftherapy.com/

**Feel free to contact your child’s counselor or Social Worker for more information:**
Georgia Weaver, Social Worker, Georgia.Weaver@Gallaudet.edu
Kitty Monohan-Sewell, School Counselor, Kitty.Monohan-Sewell@gallaudet.edu
Lisa Montalvo, School Counselor, Lisa.Montalvo@gallaudet.edu
Travis Clevenger, Travis.Clevenger@gallaudet.edu

**National Suicide Prevention Hotline**
This hotline provides 24/7 free and confidential emotional support to people in suicidal crisis or emotional distress
https://suicidepreventionlifeline.org/
1 800 273 8255

**Crisis Text Line**
This line provides 24/7 free and confidential text message services for people in crisis
www.crisistextline.org
Text HOME to 741741
### Emergency Food Access for Families

[https://dcfoodproject.org/emergency-food-access](https://dcfoodproject.org/emergency-food-access)

### DC Publics Meals for Students

Monday March 16 - Tuesday, March 31 from 10 a.m. - 2 p.m. at these locations:

- **Anacostia High School, 1601 16th Street SE**
  - Ballou High School, 3401 4th Street SE
  - Banneker High School, 800 Euclid Street NW
  - Brookland Middle School, 1150 Michigan Avenue NE
  - Cardozo Education Campus, 1200 Clifton Street NW
  - Columbia Heights Education Campus, 3101 16th Street NW
  - Coolidge High School, 6315 5th Street NW
  - Eastern High School, 1700 East Capitol Street NE
  - Jefferson Middle School, 801 7th Street SW
  - Kelly Miller Middle School, 301 49th Street NE
  - Kimball Elementary School, 3375 Minnesota Avenue SE
  - LaSalle-Backus Education Campus, 501 Riggs Road NE
  - McKinley Education Campus, 151 T Street NE
  - Stanton Elementary School, 2701 Naylor Road SE
  - Walker-Jones Education Campus, 1125 New Jersey Avenue NW
  - Woodson High School, 540 55th Street NE

**D.C. restaurants** are also offering free meals for students. Check the news for updates.
Food
Maryland Hunger Solutions Toll-free Phone Line for SNAP

Prince William County Schools is providing "to-go meals to all children" under the age of 18, without charge, regardless of race, color, national origin, sex, age or disability, and there will be no discrimination during the meal service.

- Service times: Monday- Friday* 9-10 a.m.
- Service Style: To-go Meals served at the front door of each location

Meal Types: Packaged breakfast and lunch will be served at the same time.

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- Service times: Monday- Friday* 9-10 a.m.
- Service Style: To-go Meals served at the front door of each location
- Meal Types: Packaged breakfast and lunch will be served at the same time.

Internet
Two free month internet
https://www.internetessentials.com/covid19

Free WiFi for Everyone
https://wifi.xfinity.com/
**Virginia**

**Food**

**Arlington Public Schools** will provide **free grab-and-go breakfasts and lunches** starting March 16 at the following two school sites:

- Kenmore Middle School, 200 S. Carlin Springs Road
- Dr. Charles R. Drew Elementary School, 3500 S. 23rd Street

Meals will be set up on a table outside the building for distribution from 11 a.m. to 1 p.m. Monday-Friday. One lunch for that day and one breakfast to take home for the following day will be provided. These meals will be free to any child aged 2 to 18. The child must be present to receive the meals; no meals will be given to parents without the child present.

**Alexandria City Public Schools** will be providing **emergency meals at no cost** for any child under 18 and any family who needs I starting Monday, March 16. Families can get food two ways:

- Individual Meals to Go: Any child between the ages of 2 and 18, whether or not they are eligible for Free or Reduced Price Meals, can pick up a meal to go in a bag by stopping by the Chinquapin Drive side of T.C. Williams High School (door 14) between 8 a.m. and 1 p.m. You do not need to fill out any forms to pick up a meal-to-go.

- Family Meal Packs: You can order a family meal pack online and pick it up at the drive through pick-up point outside Chinquapin Recreation Center (Chinquapin Drive side of T.C. Williams High School, door 14) between 8 a.m. and 1 p.m. the following day. If transportation is an issue, please remember to check the box to request meal delivery. Fill out the form to request a family meal pack by clicking HERE.

**Fairfax County Schools** will serve **breakfast and lunch at specific locations**, at no cost to students, with adult lunches available for purchase for $2. Breakfast will be available from 8:00 a.m. to 10:30 a.m. and lunch will be available from 10:30 a.m. to 2:00 p.m. Monday through Friday at the following locations:

- *Bailey’s Elementary School, 6111 Knollwood Drive, Falls Church*
• Hutchison Elementary School, 13209 Parcher Avenue, Herndon
• Hybla Valley Elementary School, 3415 Lockheed Boulevard, Alexandria
• London Towne Elementary School, 6100 Stone Road, Centreville
• Burke School, 9645 Burke Lake Road, Burke

Loudoun County Public Schools is supporting families by continuing to provide meal service in our school communities while schools are closed. **Free breakfast and lunch will be served daily at all schools** during the period of school closure. Meal service will run from 8 a.m. to 1 p.m. Meals will be available at each school and students will be allowed to receive two meals daily (a breakfast and a lunch) and can choose to take both meals simultaneously. Meals will be distributed outside school buildings in a designated area that will vary from school to school. Meals can also be picked up at select community centers and churches throughout the county

**Free Meals for Arlington Students**
Real Food for Kids & Bayou Bakery

**Internet**
Comcast-2 months free internet
https://corporate.comcast.com/covid-19

Verizon 15GB free data