Location	Food, Funds and Free Resources for Children and Families affected by COVID-19		
	Feeding America Food Bank https://www.feedingamerica.org/ Enter your area zip code to find a food bank near you.		
	100+ Restaurants where can Kids eat free! https://wallethacks.com/kids-eat-free-restaurants/		
All States	COVID-19 Crisis Hotline 211 is a statewide hotline number and 211.org is a link to contact for any resources like food and help with paying bills. See what is available in your area. Information from this network offers assistance		
	50+ Places Where Families Can Get Free Meals for Kids During COVID 19 - By States https://parade.com/1013234/stephanieosmanski/free-meals-for-kids/		
	COVID Financial Support and Assistance Rent, Utilities and Phone bills https://www.possiblefinance.com/		
	Free Internet Service available Everything you need to know about free internet access during this COVID19 outbreak. https://www.highspeedinternet.com/resources/internet-guide-during-coronavirus-outbreak		
	You may apply for supplemental Nutrition Assistance Program (SNAP)		
	https://www.fns.usda.gov/snap/recipient/eligibility		

https://unitedfamilynetwork.com/

Keep an eye on the news for updates when Restaurants in DMV areas giving all children food for free.

Statewide Deaf Friendly link for Mental Health Support for students and families

Note: Some services are provided in the comfort and safety of your home online or Videophone

https://www.verywellhealth.com/mental-health-services-deaf-1046719

https://www.deafcounseling.com/

https://www.nationaldeaftherapy.com/

Feel free to contact your child's counselor or Social Worker for more information:

Georgia Weaver, Social Worker, Georgia.Weaver@Gallaudet.edu

Kitty Monohan-Sewell, School Counselor, Kitty.Monohan-Sewell@gallaudet.edu

Lisa Montalvo, School Counselor, Lisa.Montalvo@gallaudet.edu

Travis Clevenger, Travis.Clevenger@gallaudet.edu

National Suicide Prevention Hotline

This hotline provides 24/7 free and confidential emotional support to people in suicidal crisis or emotional distress https://suicidepreventionlifeline.org/

1 800 273 8255

Crisis Text Line

This line provides 24/7 free and confidential text message services for people in crisis_

www.crisistextline.org

Text HOME to 741741

Cash, Medical and Nutritional Assistance

https://www.healthearizonaplus.gov/ or call

call (855) 432-7587

Arizona	Food bank near you http://www.azfoodbanks.org/			
	2-1-1 COVID-19 Hotline This new hotline will any questions and concerns you have about COVID-19			
California	211 Hotline is a statewide hotline number to call for any resources you need and see what is available in your area.			
	Food Free meals for families: Breakfast & Lunch Denver Public Schools will offer free breakfast and lunch meals to students and their families at 12 locations throughout the city, weekdays from Monday, March 16 through Friday, April 17. Food will only be available in grab-and-go packaging to avoid congregating. To prioritize social distancing, families are not allowed to eat on site. DPS is not able to provide transportation for people to obtain these meals.			
	Breakfast pickup: 8-9 a.m.* Lunch pickup: 12-1 p.m.*			
Colorado	Breakfast and lunch is also available for adults and can be picked up every weekday. In addition, weekend breakfast and lunch will be available for families to pick up every Friday. Dinner: Select Denver recreation centers will be serving dinner to children 18 years old and younger, weekdays from Monday, March 16 through Friday, April 17.			
	Dinner: 3:30-5:30 p.m.			
	Food Resource Hotline (855-855-4626) Mon-Fri (8am-4:30pm) Text Food or COMIDA to 877-877 for information food distribution location serving children under 18.			

Connecticut	FOODSHARE Text to 85511 to check schedule in your area. Right Now Ministry's food pantry 147 West Main St. in New Britain, Wednesday and Friday 11 a.m. to 3 p.m. Pre-packaged boxes.						
	This is a several list of fresh foods, food banks and pantries https://www.courant.com/news/connecticut/hc-news-coronavirus-resource-guide-connecticut-20200319-						
	g4dtz4chjnafzl2wyr35diyce4-story.htm						
Delaware	Child Nutrition Sites This link is a map and list of child nutrition program sites. https://www.doe.k12.de.us/page/4149						
	Emergency Food Access for Families https://dcfoodproject.org/emergency-food-access						
	DC Publics Meals for Students						
	Monday March 16 - Tuesday, March 31 from 10 a.m 2 p.m. at these locations:						
	Anacostia High School, 1601 16th Street SE						
	Ballou High School, 3401 4th Street SE						
DC	 Banneker High School, 800 Euclid Street NW Brookland Middle School, 1150 Michigan Avenue NE 						
	Cardozo Education Campus, 1200 Clifton Street NW						
	Columbia Heights Education Campus, 3101 16th Street NW						
	Coolidge High School, 6315 5th Street NW						
	Eastern High School, 1700 East Capitol Street NE						

	 Jefferson Middle School, 801 7th Street SW Kelly Miller Middle School, 301 49th Street NE Kimball Elementary School, 3375 Minnesota Avenue SE LaSalle-Backus Education Campus, 501 Riggs Road NE McKinley Education Campus, 151 T Street NE Stanton Elementary School, 2701 Naylor Road SE Walker-Jones Education Campus, 1125 New Jersey Avenue NW Woodson High School, 540 55th Street NE D.C. restaurants are also offering free meals for students. Check the news for updates 		
	Education Resources for all grade levels http://www.fldoe.org/em-response/resources-families.stml		
Florida	Unlimited At & T and Various Home Internet Services, Virtual Classroom sites to support remote learning http://www.fldoe.org/em-response/resources-families.stml Nikki Fried find kids meal during school closure		
	Text FLKIDSMEALS to 211-211 Mobile APP: www.foodfinder.us,		
Georgia	Golden Harvest Food Bank 706 736 1199 (M-F 8-5pm) The food bank will help you find food resource to meet your family's needs. Master's Table Soup Kitchen 702 Fenwick Street, Augusta, GA 30901.		

	Hot meal served daily Monday – Sat at 11 a.m. and Sun at 1 p.m.
Illinois	Food Restaurants offer free toilet paper with every takeout, curbside orders and delivery. https://www.foxnews.com/food-drink/illinois-restaurant-offers-free-toilet-paper-takeout-delivery-order-coronavirus 847-715-2772
	School Lunches Illinois (KWQC) - Illinois temporarily serves lunches for closed schools. several local restaurants are offering kids free lunch: Quad City Pizza, Chief's Bar and Grill and Mc Alister's Deli
	Free & Low Cost Internet Services Comcast and Spectrum are offering free internet for 60 days https://www.digitalinclusion.org/free-low-cost-internet-plans/
	50+ Places where families can get free meals for Kids by states https://parade.com/1013234/stephanieosmanski/free-meals-for-kids/
Indiana	All the public school Counties with with locations and schedules of free meals for students https://webcache.googleusercontent.com/search?q=cache:mXDvVKs4u3sJ:https://www.abc57.com/news/locations-providing-free-meals-for-children-while-schools-
lowa & Nebraska	The 211 App *Free Enter your current location, zip code and city. Access the resources available to you locally.

Louisiana New Orleans

Second Harvest Food Bank

Call 2-1-1 for **emergency food assistance** in your area for the following:

*Utilities *Water and telecommunications

There are unlimited At & T home internet service and free Connect2Compete Internet free for 30 days

Food

Maryland Hunger Solutions Toll-free Phone Line for SNAP

Prince William County Schools is providing "to-go meals to all children under the age of 18, without charge, regardless of race, color, national origin, sex, age or disability, and there will be no discrimination during the meal service."

- Service times: Monday- Friday* 9-10 a.m.
- Service Style: To-go Meals served at the front door of each location

Maryland

Meal Types: Packaged breakfast and lunch will be served at the same time.

- . **Prince William County Schools** is providing "to-go meals to all children under the age of 18, without charge, regardless of race, color, national origin, sex, age or disability, and there will be no discrimination during the meal service."
 - Service times: Monday- Friday* 9-10 a.m.
 - Service Style: To-go Meals served at the front door of each location
 - Meal Types: Packaged breakfast and lunch will be served at the same time.

Internet

	Two free month internet https://www.internetessentials.com/covid19 Free WiFi for Everyone https://wifi.xfinity.com/
Massachusetts	Project Bread's FoodSource Hotline 1-800-645-8333 Monday-Friday 8am7pm, Saturday 10a2pm The Greater Boston Food Bank Foodfinder Resource sheet at: https://www.gbfb.org/wp-content/uploads/2020/03/GBFB20_FoodAcq_NeedFood_1Pgr.pdf Parent Resource (Parent to Parent Support) Parental stress line counselors are still there to listen to your concerns and problem-solve with you. 24-7, free and confidential. https://www.parentshelpingparents.org/parental-stress-line CALL: 800-632-8188
Michigan	Call 2-1-1 for emergency food assistance in your area AT&T will offer free internet access to new customers for two months Comcast and Charter Communications will offer free internet access to low-income families.

	Feeding America you can find your local food bank here or call 2-1-1 for assistance. The online database is available to find your location
Minnesota	St Paul's Public Schools Free meals are being delivered at St. Paul Public Schools bus stops. Find the schedule and more information at https://www.spps.org/Page/38722 . Minneapolis Public Schools
	Free means are being distributed by school buses at school lots. Find the schedule and more information at https://nutritionservices.mpls.k12.mn.us/covid19
New Jersey	Fresh food in the Garden State For more information enter your zip code to find one near you. https://findjerseyfresh.com/explore/
	Fresh Veggies and Fruits for All https://www.philabundance.org/find-food
	Feeding America Food Bank https://www.feedingamerica.org/
	Emergency Food Hotline 866-888-8777 or 311 This number will direct you to the nearest food pantries and community kitchens for groceries and cook meals.
	Food Bank for New York City https://www.foodbanknyc.org/covid-19/
New York	Community Kitchen and Pantry in Harlem

Free, delicious, wholesome meals from the herb and garden on weekday evenings 4pm-6pm Check pick up time schedule as it updates during this crisis.

252 West 116th Street

New York, NY 10026

This link helps you locate programs near you

Emergency Food Assistance Program or Foodhelp.nyc

Free Internet at Home

<u>Charter is offering free Spectrum broadband and Wi-Fi access</u> for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription. New student households don't have to pay installation fees. To enroll, call Spectrum at <u>844-488-8395</u>.

Xfinity Wi-Fi

Currently all Xfinity Wi-Fi Public Hotspots are now open to everyone on the "xfinitywifi" SSID. You can Wi-Fi Public Hotspots on this at Xfinity Wi-Fi.

North Carolina

MANNA's Food Helpline: 1-800-820-1109

Call for food resources including food stamp or internet access

The PDF list of addresses and locations are available at:

COVID-19-Agency-Updates-3.24.2020.pdf

https://www.mannafoodbank.org/wp-content/uploads/2020/03/COVID-19-Agency-Updates-3.24.2020.pdf

Burger King

Free meals for under 18 via Burger King App

McDonald's

Call your local McDonald for more information

Mo's Southwest Grill

Free kid's meal with every adult entrée purchased and free delivery

Ohio

Emergency Food:					
How to Access Emergency Food Assistance During COVID-19 Mitigation (PA Dept. of Agriculture) Wolf Administration Directs Families to Emergency Food Assistance During COVID-19					
Mitigation. accessing emergency food assistance for Pennsylvanians at risk of hunger.					
School Meals: More information on Meals for Children.					
Supplemental Nutrition Assistance Program (SNAP):					
Use DHS' online applications and resources at http://www.compass.state.pa.us/ to apply for benefits.					
The school district offers free breakfast and lunch to children under 18 years old (11am-1pm).					
Internet					
To enroll in the program, call 1-844-488-8395. Installation fees will be waived for new student households.					
Charter Communications, Spectrum's parent company, <u>announced Friday</u> that beginning March 16, it will make its services available for free for 60 days to households with K-12 and/or college students who don't already have internet through the company.					
Mobile Food Pantry/ Feeding South Dakota Traveling across the state to distribute food to families info@feedingsouthdakota.org Sioux Falls, SD 605.335.0364					

	bit.ly/LISDfreemeals (Free breakfast and lunch. See Map for locations in your area			
Texas	Community Food Pantries North Texas Food Bank Mobile Food Pantries			
	Free Access to Spectrum Broadband & Wi-Fi for 60 Days *List of School Break Resources			
	https://www.lisd.net/Page/23574			
	Food Banks: Million Meals in March This is a virtual shopping food bank https://www.utahfoodbank.org/events/million-meals-in-march/ Southern Distribution Center 4416 S. River Road St. George, UT 84790 Phone: (435) 656-9122 Office Hours: Monday – Friday: 8 am – 4:30 pm			
Utah	Utah Food Bank (Salt Lake City) 3150 South 900 West, Salt Lake City, UT 84119 Phone: (801) 978-2452			

Hours: Monday - Friday: 8 am - 5 pm (east side of building Food Arlington Public Schools will provide free grab-and-go breakfasts and lunches starting March 16 at the following two school sites: Kenmore Middle School, 200 S. Carlin Springs Road • Dr. Charles R. Drew Elementary School, 3500 S. 23rd Street Virginia Meals will be set up on a table outside the building for distribution from 11 a.m.to 1 p.m. Monday-Friday. One lunch for that day and one breakfast to take home for the following day will be provided. These meals will be free to any child aged 2 to 18. The child must be present to receive the meals; no meals will be given to parents without the child present. Alexandria City Public Schools will be providing emergency meals at no cost for any child under 18 and any family who needs I starting Monday, March 16. Families can get food two ways: • Individual Meals to Go: Any child between the ages of 2 and 18, whether or not they are eligible for Free or Reduced Price Meals, can pick up a meal to go in a bag by stopping by the Chinquapin Drive side of T.C. Williams High School (door 14) between 8 a.m. and 1 p.m. You do not need to fill out any forms to pick up a meal-to-go. • Family Meal Packs: You can order a family meal pack online and pick it up at the drive through pickup point outside Chinquapin Recreation Center (Chinquapin Drive side of T.C. Williams High School, door 14) between 8 a.m. and 1p.m the following day. If transportation is an issue, please remember

HERE.

to check the box to request meal delivery. Fill out the form to request a family meal pack by clicking

Fairfax County Schools will serve breakfast and lunch at specific locations, at no cost to students, with adult lunches available for purchase for \$2. Breakfast will be available from 8:00 a.m. to 10:30 a.m. and lunch will be available from 10:30 a.m. to 2:00 p.m. Monday through Friday at the following locations:

- Bailey's Elementary School, 6111 Knollwood Drive, Falls Church
- Hutchison Elementary School, 13209 Parcher Avenue, Herndon
- Hybla Valley Elementary School, 3415 Lockheed Boulevard, Alexandria
- London Towne Elementary School, 6100 Stone Road, Centreville
- Burke School, 9645 Burke Lake Road, Burke

Loudoun County Public Schools is supporting families by continuing to provide meal service in our school communities while schools are closed. *Free breakfast and lunch will be served daily at all schools* during the period of school closure. Meal service will run from 8 a.m. to 1 p.m. Meals will be available at each school and students will be allowed to receive two meals daily (a breakfast and a lunch) and can choose to take both meals simultaneously. Meals will be distributed outside school buildings in a designated area that will vary from school to school. Meals can also be picked up at select community centers and churches throughout the county

Free Meals for Arlington Students

Real Food for Kids & Bayou Bakery

Internet

Comcast-2 months free internet

https://corporate.comcast.com/covid-19

Verizon 15GB free data

https://www.wavy.com/10-on-your-side/verizon-gives-customers-15gb-of-free-data-during-covid-19-crisis

West Virginia

Call 211 or go to 211.org